

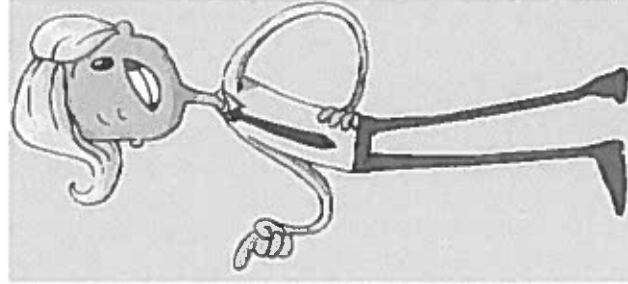
PRIMARY MENU - 2019 (SINGLE CHOICE) - MENU A

school food

Try Something New Today
www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Spaghetti Bolognese, Herb Bread & Sweetcorn	Homemade Vegetable Soup & Bread, Beef Burger & Bap with Side Salad	Baked Gammon, Gravy, Stuffing, Cabbage, Carrots, Mashed & Dry Roast Potatoes	Chicken Curry, Rice, Naan Bread & Carrots	Oven Baked Crumbed Fish & Lemon, Peas or Colislaw Chips or Baked Potato
	Apple Sponge & Custard	Ice-cream & Fresh Fruit	Flakemeal Biscuit, Fruit & Milkshake	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt
Week Two	Spaghetti Bolognese Mixed Vegetables, & Herb Bread	Oven Baked Crumbed Fish, Peas, Sweetcorn, Mashed Potatoes & Parsley Sauce	Roast Chicken, Stuffing & Gravy, Carrots, Cauliflower, Oven Roast & Mashed Potato	Savoury Mince, Turnip, Broccoli, & Mashed Potatoes	Oven Baked Sausages, Sweetcorn or Beans Chips or Baked Potato
	Fruit Krispie Square & Custard	Fruit & Yogurt	Fruit & Yoghurt	Chocolate Pear Sponge & Chocolate Sauce	Frozen Yoghurt & Fresh Fruit
Week Three	Chicken Curry, Rice, Carrots & Naan Bread	Steak Burger & Onions, Salad & Homemade Vegetable soup	Roast Pork Apple Sauce Carrots, Cauliflower, Mashed & Dry Oven Roast Potatoes, Stuffing & Gravy	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna) Pizza Fingers Cocktail Sausages Carrot Sticks	Oven Baked Fish, Peas, Salad with Chips or Baked Potato
	Ice-Cream, Tub & Fruit	Fruit & Yogurt	Milk Pudding & Fruit	Fruit Muffin & Milkshake	Fruit & Yoghurt
Week Four	Pasta Bolognese, Sweetcorn, & Herb Diced Potatoes	Cheese & Tomato Pizza, Peas, Salad & Homemade Wedges	Roast Pork, Carrots, Green Beans, Dry Oven Roast, Mashed Potatoes, Stuffing & Gravy	Fish Cake, Peas, Carrots, Mashed Potatoes, & Parsley Sauce	Oven Baked Sausages, Sweetcorn or Beans Chips or Baked Potato
	Ice-Cream & Fruit	Fruit Crumble & Custard	Fruit & Yoghurt	Biscuit, Fruit & Milkshake	Fruit & Yoghurt

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